

A watercolor illustration of olive branches in shades of green and teal, set against a light, textured background. The branches are rendered with soft, painterly strokes, showing the texture of the leaves and the segmented structure of the stems.

THE WINE & OLIVE SPA

*English*

SMALL  
LUXURY  
HOTELS  
OF THE WORLD™

# THE WINE & OLIVE SPA

Our Wine & Olive Spa was built in the year 780 as a watermill. Its main purpose was to grind the grain so they could make their own supply of flour at the Hacienda.

Our Spa it is located in the oldest building of the state, overlooking the Tormes River.

The Wine & Olive Spa is known for its 100% natural rituals and treatments based on the benefits of the olive oil and the grapevine.

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## *The Hacienda Zorita Experience*

Full body massage, facial peeling 60'

Private Brunch Service with all of our products from Hacienda Zorita Organic Farm with a bottle of wine and cava on the side.

Jacuzzi service (indoor & outdoor)

To choose from:

***WineTherapy or OliveTherapy***

Approx duration of 2h30' approx.

165eur/person



## OUR CLASSICS

### *Relaxing Full Body*

A complete relaxation of both mind and body. A fusion between Sweedish and Oriental techniques. An innovative, relaxing and envolving experience.

50'/90'

80/135

### *Relaxing Focused Massage*

Simple and efficent massage. It will help your body come to its natural state of harmony while giving elasticity to the treated areas. To choose from legs or back.

20'/30'

40/50

### *Sports Massage*

The ideal combination for improvement in physical performance and relief in muscular overload. Acupressure and in-depth massage for physical and energy unblockage. A special selection of oils has been chosen for this treatment only.

30'/50'

55/100

### *Circulatory or Anti-Cellulite Massage*

Tailored massage for the legs.

Acts by releasing toxins from the body thanks to the essential oils of cedar. It also helps in the strengthening of blood capillaries due to the use of grape seed oil and the essential oils of peppermint and rosemary.

30'

55

## OUR EXCLUSIVE MESSAGES

### *Sky & Earth*

Regain physical balance through the polarity in the head and feet. It is a through treatment for back, shoulders, back of the neck, head and face combined with a grounding foot massage. A luxury for the senses, based on oriental reflexology therapies and the use of essential oils to clear the mind and release the feeling of heaviness in the feet.

50'

80

### *Cranio-facial Oriental*

Take advantage of the most effective oriental techniques. They will help reduce the physical and energetic tension of both shoulders and head. Through the cranio-facial marma points, we can manage relax, tone and reduce stress.

30' / 50'

50/80

### *Roots from the Head*

A massage for the whole organism through the feet. There are hundreds of nerve endings in the base of our body. Did you know that all our organs are reflected in the feet? Through this massage we can help tone and restore the vitality of your body.

30'

50

### *Hacienda Zorita*

Combine the floral little sacks of lavender and green tea soaked in hot sesame oil grape and other exotic aromas, with gentle stretching. Enjoy a wrapping massage and vibrate with the symphony of the Tibetan Bells.

50'

100

## HACIENDA ZORITA PAIRING RITUALS

### *Wine & Roses Ritual*

Jacuzzi 30' + wine

Combination of perfect two trace elements, the vine and the rose. Both symbols of beauty and health. Its benefits on the circulatory and venous system and its rejuvenating action are a delight for the skin

It consists of:

- Laminaria salt body peeling, micronized red vine and Bulgarian rose petals based on grape seed oils and geranium essential oil.
- Circulating and rejuvenating Red Vine Cream Wrap.
- Grape seed massage and Bulgarian rose essential oil
- Gentle facial peeling with micronized rose and grape, hydration with natural red vine serum, wine mask and floral facial toner of Bulgarian rose.

30' Jacuzzi+ 110' Treatment

190

### **\*SUBJECT TO CANCELLATION POLICY**

A 50% charge will be applied to cancellations made with less than 24 hours in advance. In the case of reservations made the same day, it will be 2 hours in advance.

## *Olive Skin Ritual*

Jacuzzi 30' + wine

Hydration, nutrition and smoothness for the skin through a sensory journey that will connect you with the most authentic and natural aromas of the Douro Valley.

- Body peeling: laminaria salt, micronized lavender and olive leaves.
- Massage with olive oil, shea butter and a suitable proportion of lavender essential oil and sandalwood.
- Gentle rose facial peeling with floral tonic, kaolin facial mask, floral water and essential oils according to your skin.

30' jacuzzi + 110' treatment

190

## BODY BEAUTY

### *Wine-Therapy*

Restores the vitality and freshness of your skin through the antioxidant, rejuvenating power of grapes.

- Peeling with laminaria salt and micronized red vine, red vine wrap and rose flower water.
- Peeling, wrapping and massage with grape seed oil and floral essential oils.

50'

150

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## Olive Oil Therapy

The gold of the Mediterranean on your skin! Take advantage of the benefits of olive oil, a great antioxidant, regenerator, emollient and perfect companion to any beauty therapy.

- Salt peeling with olive leaves and micronized lavender, green clay wrap and geranium floral water.

30'

100

- Peeling, wrapping and massage with grape seed oil and floral essential oils.

90'

150

## Peeling

Feel your new skin, thanks to our selection of special peels for sensitive, normal or mature skin. This treatment helps cleanse impurities and dead skin. It is the first step to a silky and luminous dermis.

25'

55

## Envolatura

Gives your body the minerals and active ingredients that your body needs. It is a wrapper made of natural grape, clay and green tea products, among others.

30'

55

*\*Hydratation treatment option available*

*Personalized treatment for each skin type and age skin needs. Deeply nourishes and hydrates, remineralizes and detoxifies.*

30'

50

## FACIAL BEAUTY

### *Flash Facial*

One of the most exclusive treatments on our Hacienda!

Restores the luminosity of the face in a simple way through a decontracting facial massage with our grape seed. A treatment tailored to those who seek simplicity and luminosity for the skin. Includes cleaning, peeling, hydration and a cervical massage.

20'

45

### *Grapes & Flowers*

Personalized treatment, where the natural and the beautiful come together. Through the antioxidant and rejuvenating properties of the grape and the benefits of the Bulgarian rose essential oil: nourishing and softening the skin. Includes cleaning, tonic, peeling, mask and hydration adapted to the needs of each skin type. It also included a cervical massage.

50'

100

### *Special for Men*

For this treatment , we use a range of specific products made for the needs of male facial skin. It will bring back the vitality and smoothness of the facial skin. Includes cleansing, tonic, peeling, mask and hydration.

50'

100

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## HANDS & FEET TREATMENTS

### *Pedicure*

Treatment to leave the feet free of impurities. Offers hydration and nutrition to restore natural comfort. Peeling, moisturizing wrap, nail treatment and color.

60'

80

### *Manicure*

Peeling, moisturizing wrap, filing and nail color

60'

80

## OTHER SERVICES

### *Jacuzzi*

Enjoy exclusively our jacuzzis, both indoor and outdoor.

When getting treatments of more than 50 minutes, the Jacuzzi 30' service is available as a courtesy of the hotel, always subject to availability and reservation.

60'

25

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